Black Hills State University

Major: **Exercise Science**
2015-2016 - Status Sheet
Minor: **Health**
Degree: **Bachelor of Science**

120 hours are required to graduate _____
36 hours of upper level are required _____

B.BS.EXSC-SCI
B.BS.EXSC-EMGT

Prepared by:
Phone #:
Date:

Exit Exam: PE 462 _____
CAAP Proficiency: _____

NAME:

ID or SSN:

Gen Ed Requirements

					Has 100/200	Has 300/400	Needs 100/200	Needs 300/400
3	ENGL	101	Composition I					
3	ENGL	201	Composition II					
3	SPCM	101	215 222					
3	MATH: 102, 103, 104, 115, 120, 121, 123, 281							
3-5	Natural Science & Lab							
3-5	Natural Science & Lab							
2	WEL	100/L	Wellness & Lab					

Social Science: take 3 courses from at least two different subject areas. **Arts & Humanities:** take 4 courses from at least two different subject areas (ART/H) are the same subject). **Globalization:** take 1 course with a # when selecting Social Science or Arts & Humanities courses.

Social Science - 3 courses required

ANTH: 210#, 220, 230 CJUS 201 ECON 101, 201
ECON 202 GEOG 101, 200, 210#, 212, 219
GLST 201 HDFS 141, 210 HIST 151, 152, 256
HIST 257# 313 INED 211 INFO 110 NATV 110
POLS 100, 102, 141#,210, 250#, 253,349 PSYC 101
REL 237 SOC 100, 150, 240, 250, 285, 350
SUST 201 UHON 111, 210 WMST 101

Arts & Humanities - 4 courses required

ARAB 101, 102 ART 111, 112, 121, 123 ARTH 100
ARTH 121, 211#, 212#, 231, 251# CHIN 101, 102
ENGL 115, 210, 211#, 212#, 214, 221, 222, 230, 240
ENGL 241, 242, 248, 249, 250, 256, 258, 268, 320,411
FREN 101, 102, 201, 202 GER 101, 102 201, 202
GFA 101 GREE 101, 102 HIST 111, 112, 121#, 122#
HUM 100#, 200, 387,388 LAKL 101, 102 LATI 101, 102
MCOM 151#, 160 MFL 101, 102 MUS 100, 130, 131
MUS 200, 201, 240 PHIL 100, 200, 215, 220, 233
PHIL 270, 287 REL 213, 224, 225, 238, 250, 270
RUSS 101, 102 SPAN 101, 102, 201, 202
THEA 100, 131, 200, 201, 231, 270

Additional hours to total 36 upper level
Additional hours to total 120

Health Minor - 18 hours

				Has	Needs
3	HLTH	110	Health Concepts		
2	HLTH	201	ATOD Prevention Ed		
1	HLTH	251	First Aid & CPR	See major	
3	HLTH	370	Stress Management	See major	
3	HLTH	410	Current Issues in Health		
3	HLTH	420	K-12 Mthds Hlth Instruction		
3	HLTH	422	Nutrition	See major	

TOTALS:

Major Requirements

+ 50% of major/minor courses must be from BHSU

Required Core = 41

				Has 100/200	Has 300/400	Needs 100/200	Needs 300/400
1	HLTH	251	First Aid & CPR				
3	HLTH	370	Stress Management				
3	HLTH	422	Nutrition (Writing)				
3	HLTH	425/L	Exer Program for Spcial Populatns/Lab (Experiential)				
3	PE	101	The Exercise Science Major				
3	PE	216/L	Fitness Assessment/Lab				
4	PE	250/L	Human Anatomy & Physiology/Lab				
3	PE	350	Exercise Physiology				
3	PE	353	Kinesiology				
3	PE	354	Care & Prevention of Athletic Injuries				
3	PE	462	Exercise Leadership				
3	PE	482	Theory of Strength Training/Conditioning				
6	PE	494	Internship				

Select one Specialization

Science Specialization = 18 hours
(B.BS.EXSC.SCI)

	BIOL	101/L	Biology Survey I/Lab **&**					
	BIOL	103/L	Biology Survey II/Lab					
8	**OR**		**OR**					
	BIOL	151/L	General Biology I/Lab **&**					
	BIOL	153/L	General Biology II/Lab					
	CHEM	106/L	Chemistry Survey/Lab					
4			**OR**					
	CHEM	112/L	General Chemistry I/Lab					
3	MATH	281	Introduction to Statistics					
3	PE	454	Biomechanics					
+	(If Necessary) Additional hours in major to meet 50% rule							

Management Specialization = 18 hours
(B.BS.EXSC-EMGT)

				Has	Needs
3	BADM	334	Small Business Management		
3	BADM	336	Entrepreneurial Studies I		
3	BADM	360	Organization & Management		
3	BADM	370	Marketing		
3	BADM	438	Entrepreneurial Studies II		
3	OE	376	Technology Integration		
+	(If Necessary) Additional hours in major to meet 50% rule				

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TOTALS: