



Major: **Exercise Science**
2020-2021 - Status Sheet

Minor: **Health**
Degree: **Bachelor of Science**

120 hours are required to graduate _____
36 hours of upper level are required _____

BBS.EXS-SCI
BBS.EXS-MGT
Prepared by:
Phone #:
Date:

Exit Exam: PE 462

NAME:

Gen Ed Requirements	Has		Needs		Major Requirements	Has		Needs	
	100	300	100	300		100	300	100	300
3 ENGL 101 Composition I					Required Core				
3 ENGL 201 Composition II					2 EXS 101 The Exercise Science Major				
3 SPCM 101 215 222					3 EXS 130 Basic Medical Terminology				
3 MATH: 103, 104, 114, 115, 120, 121, 123, 281					4 EXS 250/L Human Anatomy & Physiology/Lab				
3-5 Natural Science & Lab					3 EXS 280/L Fitness Assessment/Lab				
3-5 Natural Science & Lab					3 EXS 285 Exercise & Chronic Disease				
SOCIAL SCIENCE: take 2 courses from two different subject areas. ARTS & HUMANITIES: take 2 courses from two different subject areas (ART/H are the same subject), or a Foreign Language Sequence					3 EXS 300 Intro to Research				
Social Science - 2 courses required					4 EXS 350/L Exercise Physiology/Lab				
ABS 203 ANTH 210, 220, 230 CJUS 201					4 EXS 353/L Kinesiology/Lab				
ECON 201, 202 GEOG 101, 200, 210, 212, 219					3 EXS 354/L Care & Prevention of Athletic Injuries/Lab				
GLST 201 HDFS 141, 210 HIST 151, 152, 256, 257 INED 211 INFO 102 NATV 110					3 EXS 425/L Exer Program for Special Populations/Lab				
POLS 100, 102, 141, 165, 210, 250, 253 PSYC 101 REL 237 SOC 100, 150, 151, 240, 250, 285 SPCM 201 SUST 201 UHON 111, 210 WMST 101, 247					3 EXS 452 Motor Learning & Development				
Arts & Humanities - 2 courses required					4 EXS 454/L Biomechanics/Lab				
ARAB 101, 102 ARCH 241 ART 111, 112, 121, 123 ARTH 100, 120, 121, 211, 212, 231, 251 CHIN 101, 102 ENGL 115, 125, 210, 211, 212, 214, 221, 222, 230, 240, 241, 242, 248, 249, 250, 256, 258, 268 FREN 101, 102, 201, 202 GER 101, 102, 201, 202 GFA 101 GREE 101, 102 HIST 111, 112, 121, 122 HUM 100 200 LAKL 101, 102, 201, 202 LATI 101, 102 MCOM 151, 160 MFL 101, 102 MUS 100, 117, 130, 131, 200, 201, 203, 240 PHIL 100, 200, 215, 220, 233, 240, 270, 287 REL 213, 224, 225, 238, 250 RUSS 101, 102 SPAN 101, 102, 201, 202 THEA 100, 131, 200, 201, 231, 270					2 EXS 462 Exercise Leadership				
Addl. hours in major/minor to meet 50% rule					3 EXS 482 Theory of Strength Training/Conditioning				
Addl. hours to meet 60 from 4-yr Inst.					2 EXS 489 Applied Human Performance				
Addl. hours to total 36 upper level					5 EXS 494 Internship				
Addl. hours to total 120					1 HLTH 251 First Aid & CPR				
Health Minor - 18 hours					3 HLTH 422 Nutrition				
3 HLTH 110 Health Concepts					Select one Specialization				
2 HLTH 201 ATOD Prevention Ed					Science Specialization = 15 hours				
1 HLTH 251 First Aid & CPR					(BBS.EXS-SCI)				
3 HLTH 370 Stress Management					BIOL 101/L Biology Survey I/Lab &				
3 HLTH 410 Current Issues in Health					BIOL 103/L Biology Survey II/Lab				
3 HLTH 420 K-12 Mthds Hlth Instruction					8 OR				
3 HLTH 422 Nutrition					BIOL 151/L General Biology I/Lab &				
TOTALS:					BIOL 153/L General Biology II/Lab				
					CHEM 106/L Chemistry Survey/Lab				
					4 OR				
					CHEM 112/L General Chemistry I/Lab				
					MATH 281 Introduction to Statistics				
					3 OR				
					PSYC 371 Statistics in Psychological Research				
					Management Specialization = 15 hours				
					(BBS.EXS-MGT)				
					3 BADM 334 Small Business Management				
					3 BADM 336 Entrepreneurial Studies I				
					3 BADM 370 Marketing				
					3 OE 376 Interpretive Media				
					3 Take one of the following:				
					BADM 360 Organization & Management				
					BADM 369 Organizational Behavior & Theory				
					BADM 438 Entrepreneurial Studies II				
					TOTALS:				
					70				

ID or SSN: