



Major: **Exercise Science**
2017-2018 - Status Sheet

Minor:
Degree: **Bachelor of Science**

120 hours are required to graduate _____
36 hours of upper level are required _____

B.BS.EXSC-SCI
B.BS.EXSC-EMGT
Prepared by:
Phone #:
Date:

Exit Exam: PE 462

NAME:

| | | Has | | Needs | | | | Has | | Needs | |
|--|--|-----|-----|-------|-----|--|--|-----|-----|-------|-----|
| | | 100 | 300 | 100 | 300 | | | 100 | 300 | 100 | 300 |
| | | 200 | 400 | 200 | 400 | | | 200 | 400 | 200 | 400 |
| Gen Ed Requirements | | | | | | Major Requirements | | | | | |
| 3 ENGL 101 Composition I | | | | | | Required Core | | | | | |
| 3 ENGL 201 Composition II | | | | | | 1 EXS 101 The Exercise Science Major | | | | | |
| 3 SPCM 101 215 222 | | | | | | 3 EXS 130 Basic Medical Terminology | | | | | |
| 3 MATH: 102, 103, 104, 115, 120, 121, 123, 281 | | | | | | 4 EXS 250/L Human Anatomy & Physiology/Lab | | | | | |
| 3-5 Natural Science & Lab | | | | | | 3 EXS 280/L Fitness Assessment/Lab | | | | | |
| 3-5 Natural Science & Lab | | | | | | 3 EXS 300 Intro to Research | | | | | |
| SOCIAL SCIENCE: take 2 courses from two different subject areas. | | | | | | 4 EXS 350/L Exercise Physiology/Lab | | | | | |
| ARTS & HUMANITIES: take 2 courses from two different subject areas (ART/H) are the same subject), or a Foreign Language Sequence | | | | | | 4 EXS 353/L Kinesiology/Lab | | | | | |
| Social Science - 2 courses required | | | | | | 3 EXS 354/L Care & Prevention of Athletic Injuries/Lab | | | | | |
| ABS 203 ANTH 210, 220, 230 CJUS 201 | | | | | | 3 EXS 452 Motor Learning & Development | | | | | |
| ECON 201, 202 GEOG 101, 200, 210, 212, 219 GLST 201 HDFS 141, 210 HIST 151, 152, 256, 257 INED 211 INFO 102 NATV 110 POLS 100, 102, 141, 165, 210, 250, 253 PSYC 101 REL 237 SOC 100, 150, 240, 250, 285 SUST 201 UHON 111, 210 WMST 101 | | | | | | 4 EXS 454/L Biomechanics/Lab | | | | | |
| Arts & Humanities - 2 courses required | | | | | | 2 EXS 462 Exercise Leadership | | | | | |
| ARAB 101, 102 ARCH 241 ART 111, 112, 121, 123 ARTH 100, 120, 121, 211, 212, 231, 251 CHIN 101, 102 ENGL 115, 125, 210, 211, 212, 214, 221, 222, 230, 240, 241, 242, 248, 249, 250, 256, 258, 268 FREN 101, 102, 201, 202 GER 101, 102, 201, 202 GFA 101 GREE 101, 102 HIST 111, 112, 121, 122 HUM 100 200 LAKL 101, 102, 201, 202 LATI 101, 102 MCOM 151, 160 MFL 101, 102 MUS 100, 117, 130, 131, 200, 201, 203, 240 PHIL 100, 200, 215, 220, 233, 270, 287 REL 213, 224, 225, 238, 250 RUSS 101, 102 SPAN 101, 102, 201, 202 THEA 100, 131, 200, 201, 231, 270 | | | | | | 3 EXS 482 Theory of Strength Training/Conditioning | | | | | |
| Addl. hours in major/minor to meet 50% rule | | | | | | 2 EXS 489 Applied Human Performance | | | | | |
| Addl. hours to meet 60 from 4-yr Inst. | | | | | | 5 EXS 494 Internship | | | | | |
| Addl. hours to total 36 upper level | | | | | | 1 HLTH 251 First Aid & CPR | | | | | |
| Addl. hours to total 120 | | | | | | 3 HLTH 370 Stress Management | | | | | |
| | | | | | | 3 HLTH 422 Nutrition | | | | | |
| | | | | | | 3 HLTH 425/L Exer Program for Special Populations/Lab | | | | | |
| | | | | | | Select one Specialization | | | | | |
| | | | | | | Science Specialization = 15 hours | | | | | |
| | | | | | | (B.BS.EXSC.SCI) | | | | | |
| | | | | | | BIOL 101/L Biology Survey I/Lab & BIOL 103/L Biology Survey II/Lab | | | | | |
| | | | | | | 8 OR | | | | | |
| | | | | | | BIOL 151/L General Biology I/Lab & BIOL 153/L General Biology II/Lab | | | | | |
| | | | | | | CHEM 106/L Chemistry Survey/Lab | | | | | |
| | | | | | | 4 OR | | | | | |
| | | | | | | CHEM 112/L General Chemistry I/Lab | | | | | |
| | | | | | | MATH 281 Introduction to Statistics | | | | | |
| | | | | | | 3 OR | | | | | |
| | | | | | | PSYC 371 Statistics in Psychological Research | | | | | |
| | | | | | | Management Specialization = 15 hours | | | | | |
| | | | | | | (B.BS.EXSC-EMGT) | | | | | |
| | | | | | | 3 BADM 334 Small Business Management | | | | | |
| | | | | | | 3 BADM 336 Entrepreneurial Studies I | | | | | |
| | | | | | | 3 BADM 360 Organization & Management | | | | | |
| | | | | | | 3 OR | | | | | |
| | | | | | | 3 BADM 438 Entrepreneurial Studies II | | | | | |
| | | | | | | 3 BADM 370 Marketing | | | | | |
| | | | | | | 3 OE 376 Technology Integration | | | | | |
| TOTALS: | | | | | | TOTALS: | | | | | |
| | | | | | | 69 | | | | | |

ID or SSN: